



DIAMOND FOODS, INC.

NUTTY FACTS

It's time to go nuts! The following are nutty facts about the world's leading processor of culinary and inshell nuts, Diamond Foods, Inc.

- Last year more than **645 million pounds** of walnuts were harvested in the United States, which is enough to fill more than 3,000 Olympic-sized swimming pools.
- Residents of the greater San Francisco Bay Area consume nearly **394,000 pounds** of walnuts per year.
- One in every two walnuts grown in the U.S. is a Diamond Foods walnut.
- The top five U.S. metropolitan areas for walnut consumption per year include New York (**1.8 million pounds**), Los Angeles (**1.1 million pounds**), Boston (**800,000 pounds**), Detroit (**750,000 pounds**) and Chicago (**700,000 pounds**).
- Walnuts are the oldest tree food used by man, dating back to 7,000 B.C.
- In China, tea made from walnuts was believed to be a beauty potion to retain youth.
- Historically walnuts were used as a medium of exchange or barter and carried all over the world on English ships, hence the name "English" walnut.
- The word "walnut" originates from an old English word for "Welsh-nut."
- In ancient times, wedding guests threw walnuts at newly married couples instead of rice.
- During the fall, Diamond growers harvest more than **300 million pounds** of walnuts!
- At the height of its activity, Diamond's plant processes as many as **two million pounds** of walnuts per day.
- Diamond is the only nut processing company in the U.S. to produce electricity from its waste products – walnut shells.

For more information visit diamondnuts.com and emeraldnuts.com

Media Contact:

Chase
Media Relations Specialist
Access Communications
415-844-6289
chase@accesspr.com